



Join our Wellness Committee!

You're invited! We are seeking passionate individuals that would like to play a role in the development, implementation, and review of our school's Local School Wellness Policy.

Become a #SchoolWellnessChampion today!

What is a Wellness Committee?

A Wellness Committee is a diverse group of people who support the development, assessment, and improvement of the school's Local School Wellness Policy. The purpose of a Wellness Policy is to outline the school's goals for promoting nutritious meals, physical activity, and overall student wellness. The committee meets at minimum one time per year, or up to four times per year on a quarterly basis.

Who can participate?

All stakeholders of the school are able to participate in the development, review, update, and implementation of the Local School Wellness Policy and Wellness Committee.

How to Join?

If you are interested in participating in the Wellness Committee, please contact the Child Nutrition Director, Ms. Jacinta Whitted, at jacinta.whitted@freedomprep.org.