



Freedom Preparatory Academy Meal Program

At **Freedom Preparatory Academy Charter School (Birmingham Campus)**, we are committed to our students' health and wellness. Research shows that healthy students are better able to pay attention in class and better positioned to succeed in school and in life.

The goals of our food program are to:

- Support the academic success and achievement of our students
- Provide nutritious meals *at no charge* which allow students to maintain focus
- Provide healthy and fresh food offerings along with education on making healthy choices
- Expose our students to new culinary experiences while still offering "kid favorites"

Click [HERE](#) to view the school's **Local School Wellness Policy**.

All stakeholders are able to participate in the development, review, update, and implementation of the Local School Wellness Policy. Please contact Jessica Ramey at jramey@freedomprep.org or the school office for more details.

Student Meals at No Charge

ALL **Freedom Preparatory Academy Charter School** students are provided healthy, nutritious meals at no charge, including breakfast and lunch through the National School Breakfast and Lunch Programs. **Encourage your student to start each day with a healthy school breakfast!** Eating breakfast at school is a great way for students to socialize with friends and to start the day ready to learn. And for families on the go, it makes the morning rush so much easier!

Each month, menus will be on Nutrislice.

Click [HERE](#) for this month's menu!

Summer Meals

When school is not in session, the Summer Meals Program (SFSP) provides free meals to kids and teens in low-income areas. Click the link below to quickly and easily find summer meal sites near you.

[Meals for Kids Site Finder](#)



Allergies and Meal Modification

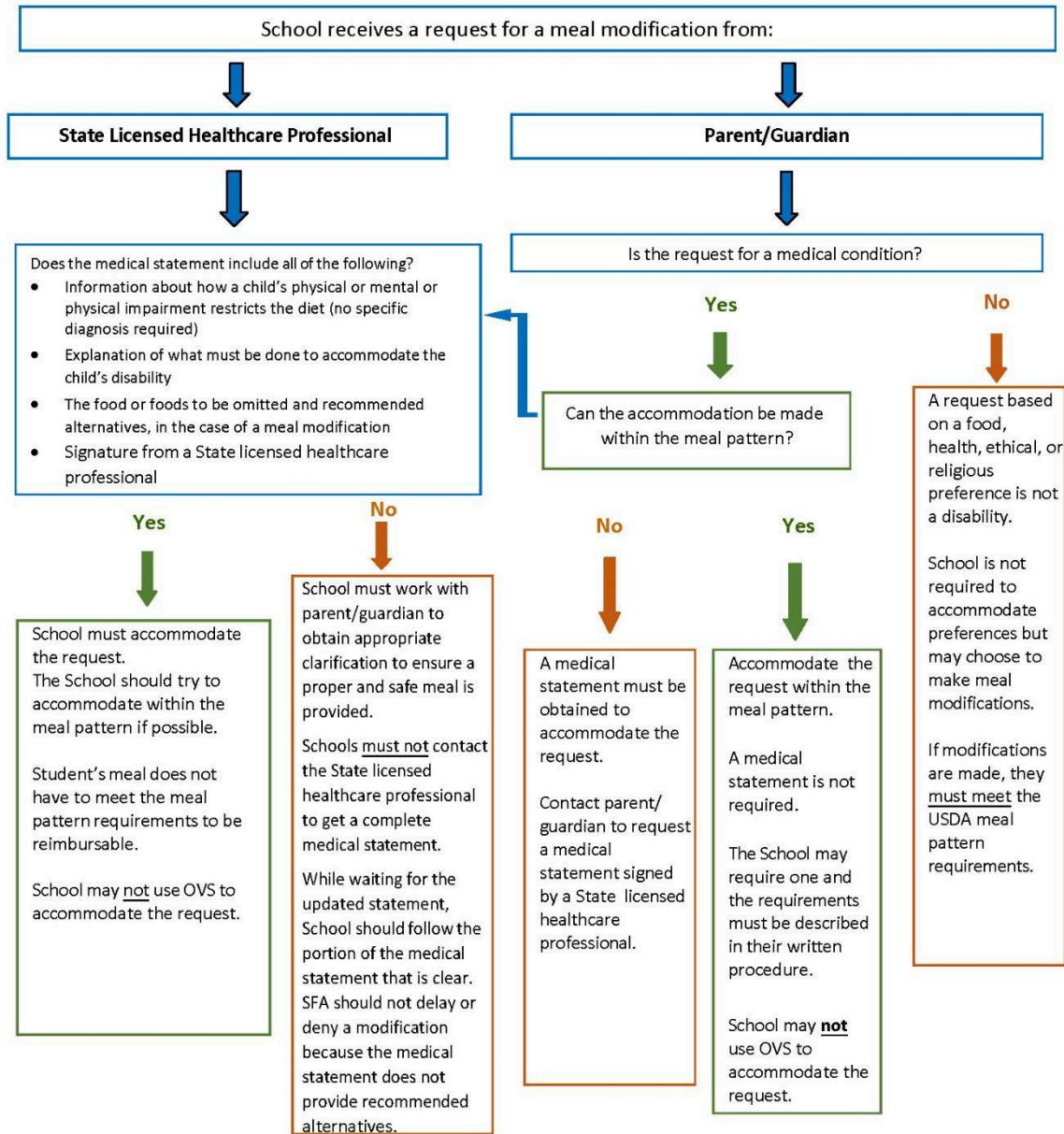
If your student has any food allergies or needs a meal modification, families are required to notify the school nurse and provide documentation from a licensed medical professional, such as a Physician, Dietician or other medical professional that is authorized to write prescriptions. Click [HERE](#) to download and print the required [Meal Modification Form for Meals at School](#). Return the completed form to the school. **Meal Modification forms must be renewed annually.**

See the chart below to determine if your meal request can be accommodated.



Accommodating Special Dietary Needs in the School Nutrition Program

This flow chart describes the School's process for handling requests for modifications.






For more information on the school nutrition program, contact: Tiffany Williams at tiffany.williams@freedomprep.org

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation*), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: [USDA Program Discrimination](#)

[Complaint Form](#)  from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **Mail:** U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue,
SW Washington, D.C. 20250-9410; or
2. **Fax:** (202) 690-7442; or
3. **Email:** program.intake@usda.gov.

This institution is an equal opportunity provider.